

## Living With a Growth Mindset

Please remember that you can grow in many ways and your mind can grow with you. Science shows us that we can get smarter simply by believing it. Your mind is growing as you learn, so just keep learning because when you learn new connections are made in the brain. It is always possible to improve what you know and how you think if you keep a growth mindset and understand how the brain actually changes as it learns. **(THESIS)**

This world is big and there is a lot to learn about it, so please, have a growth mindset, so you won't be afraid to learn new things. **(TOPIC SENTENCE WITH CLAIM 1)** You may not be able to do something now, but you will be able to do it later if you believe in the power of yet. Never say you can't, unless you add the word "yet" after. I did not think I could write very well until seventh grade, and now, with the encouragement of my teachers and friends, I write 80 page stories and many, many poems.

Never think less of yourself based on a first-time failure because you can change your brain! **(TOPIC SENTENCE WITH CLAIM 2)** Did you know that? The intelligence you think you have is not destined to stay where it's at right now. Your brain can adapt and change when it learns something new. That's called neuroplasticity! It all has to do with the science of learning. When you learn new things your brain makes new connections between nerve cells and if you strengthen those connections with practice, you have life-long learning. Besides learning I was a strong writer, I also learned how to be more outgoing and make new friends. I used to think I was too shy to do that, but once I started to reach out to others and they reached back, I kept doing that. Before I knew it I had lots of new friends.

Because whatever it takes to succeed, you have it in your control. As the American entrepreneur Jim Rohn says, "*Success is something ordinary done extraordinarily well.*" Take some risks; build new and stronger learning pathways in your brain. Open new doors in your brain and discover new possibilities, and know that it's okay to fail because failure is the opportunity to become smarter and better at what you do. **(CLINCHER)**

